



Board of Directors Nomination Form (2024-2026)

Please print.

I nominate: Miranda Steeples
(Nominee's name)

to serve as: Hon Treasurer
(Title of IFDH Office)

of the International Federation of Dental Hygienists for the 2024-2026 term of office.

Nominee's current IFDH position UK representative at the HoD

Resume attached (check one): ☒ Yes ☐ No

Nominator Name: Diane Rochford Country: UK

Signature of Nominator: D Rochford

Nominator's IFDH position: Past UK representative HoD & Current

Signature of Nominee (if available) _____

Please describe your reasons for nominating this person on a separate sheet.
Include, for example, their education, work experience, organisational experience,
and other expertise and qualifications:

Please see the attached sheet with the nomination for Miranda Steeples.

**Return this completed form and resumes by email
to the Nominations Committee via:**
Jill Rethman, President Elect at: PresidentElect@IFDH.org

DEADLINE: Nominations should be received by IFDH by April 9th, 2024.

In 2009 I attained the 'Graduate diploma in dental hygiene and therapy' at the University of Leeds and now live in Pevensey Bay, East Sussex.

Previously I undertook roles in different sectors culminating in working as a dental nurse before choosing this path. I've worked with various demographics of people, giving me transferable skills, diverse experience, and ensuring I am versatile and conscientious.

In September 2014, I became a Regional Treasurer for the British Society of Dental Hygiene and Therapy (BSDHT), and in November 2018 was elected to Honorary Treasurer. I accepted the role of President Elect in 2020, and am now the President of BSDHT. My term finishes in November 2024. This role has involved attending meetings as a stakeholder with various groups within dentistry and healthcare.

Being President has seen me invited to present to students at different universities, for a number of stakeholder groups, and at various national conferences in the UK. I write and deliver these presentations, I write for various dental publications, and have become adept at managing social media coverage for the BSDHT – 'Miranda on the Move'.

I enjoyed contributing to the formation of the College of General Dentistry as part of the dental hygiene and therapy Working Group, where I now sit as an inaugural member of the faculty of dental hygiene and dental therapy. The UK Chapter of the Alliance for a Cavity Free Future (ACFF) invited me to join this group in 2022, and I was honoured to be invited to become an Honorary Ambassador for the Mouth Cancer Foundation, 2024.

I work on a self-employed basis in general dental practice where I enjoy the world of Dentistry. I have visited Cambodia on many occasions to utilise my skills as a dental therapist with the same organisation, 'Mini Molars Cambodia'. Nervous patients respond well to me, and I derive satisfaction in seeing patients improve their oral health by the motivation and assistance I provide. I enjoy attending lectures and conferences to ensure my CPD is up to date, and hold membership of BADT, BSP, BAPD, and the CGDent.

Qualifications

2022 ILM Level 5 in Coaching and Mentoring (Pass)

2020 Master's in 'Advanced Specialist Healthcare' (applied dental professional practice), University of Kent (Merit)

2009 Graduate diploma in dental hygiene and therapy – University of Leeds (Merit)

2007 National Examining Board 'Dental Surgery Assistant' qualification (Pass)

1996 A Levels - Biology, Chemistry, German 1994 GCSEs - 9 at grades A and B

Recent employment history

March 2019 – Present Day: Dental Therapist at Bupa Dental Care, Hastings

July 2016 – Present Day: Dental Hygienist at Bupa Dental Care, Hailsham

September 2022 – Present Day: Dental Hygienist at West Terrace Dental, Eastbourne

Other information

I enjoy relaxing with Pilates, salsa dancing, singing karaoke, and spending weekends with friends, especially at live music events. I support local football and like to go to matches whenever possible. Good food makes me smile, languages fascinate me, and I'd like to visit more cities around the World - one day!

Nomination for Miranda Steeples as IFDH Hon Treasurer

I have had the pleasure of working alongside Miranda for the past five and a half years, in our respective leadership roles within the British Society of Dental Hygiene and Therapy (BSDHT).

Miranda, qualified as a dental hygienist and dental therapist in 2009, becoming a member of BSDHT shortly after. Working in general dental practice for the past 15 years has enabled her to experience and understand, all aspects of dentistry, teamwork, and the challenges that dental professionals in the UK face and the impact this can have on patient care.

Working within a variety of general dental practice settings and undertaking her MSc studies in Advanced and Specialist Healthcare which Miranda completed in 2020, during her time as BSDHT Honorary Treasurer, has enhanced her leadership roles.

Having first held the post of Treasurer for her BSDHT South East Regional Group, being elected into the position in 2014, she soon became a key member of the regional group committee. Over the next four years Miranda would impress both the then, BSDHT Hon Treasurer and Accounts Administrator with her efficiency and attention to detail managing the regional group accounts and as a result of her work, Miranda was invited to stand for the Honorary Treasurer role in 2018.

At the BSDHT Annual General Meeting (AGM) in November 2018, Miranda was duly elected BSDHT Honorary Treasurer, and by doing so became a member of the Executive team and Director. At the same AGM I was elected BSDHT President Elect, and I first had the privilege of working alongside Miranda.

In our respective roles we worked together on several projects, I soon discovered Miranda's dedication to the role, wanting to bring more to her role as a member of the Exec team and as a Director of the Society, by becoming involved in work and attending meetings outside the scope of Hon Treasurer. During her two-year tenure as Hon Treasure Miranda worked well alongside the Accounts Administrator, maintaining financial stability for the Society.

Early in 2020, I needed to consider who would be invited to stand for President-elect, I had other members of our Council in mind, however Miranda was my first choice. At the AGM in November 2020, Miranda was duly elected President Elect of BSDHT, as I took on the role of President. This was a strange time, as the UK was in a second Covid-19 lockdown and so all our work and communication was online. We began our new roles remotely. Throughout my tenure as President, Miranda was a huge support, to me and the Executive team as I know she would be for Jill in her role as IFDH President and the other board members.

Throughout her time as President-elect and now into her Presidency Miranda has embraced her leadership roles, connecting with other professional organisations, working collaboratively in the best interests to the profession and patients.

I truly believe Miranda would be asset to the IFDH board if she was to be elected and I know she would be as dedicated the role as she has been for BSDHT.

Please accept this nomination for Miranda Steeples for the role of IFDH Treasurer.

Diane Rochford
BSDHT Immediate Past President