



How to Develop a Project

Participants in the IFDH Social Responsibility Program, including both member countries and individual members of the IFDH, will present their projects at the International Symposium on Dental Hygiene (ISDH) in Milan, Italy, in July 2026. The theme for this program is:

**“A Healthy Smile for Life –
Oral Health for Better Aging”**

International Federation of Dental Hygienists

PARTNERS IN

SOCIAL RESPONSIBILITY

Improving Oral Health Worldwide



Steps to Plan, Develop, and Implement Your Project

1. Form a Committee

- Reach out to colleagues within your professional network or community to identify individuals interested in participating.
- Utilize social media platforms to find volunteers and collaborators.

2. Choose a Theme

- Select a project theme that aligns with your passion for oral health education and sustainability. Focus on supporting individuals who provide oral hygiene care, such as nurses, caregivers, and teachers.
- Clearly identify your target demographic and design your project to meet their specific needs.

3. Plan

- **Set a Date:** Choose a realistic and specific date, such as the first week of a month or a Saturday.
- **Contact Your Audience:** Research organizations or groups in your area, such as long-term care facilities, public health offices, or schools. Distribute flyers and obtain contact details to promote your project.
- **Advertise:** Explore free public service advertising opportunities through TV, newspapers, or radio. Plan your promotional activities well in advance.
- **Assign a Contact Person:** Designate someone to manage inquiries and registrations. Provide options for attendees to register, such as online or in person.
- **Recruit Volunteers:** Assess whether additional help is required beyond your organizing committee and identify specific roles for hands-on or logistical support.
- **Develop a Budget:** Include costs for oral health products, advertising, printing, and volunteer amenities (e.g., meals, “thank you” gifts for sponsors).
- **Choose a Venue:** Secure a suitable location, such as a clinic, hospital room, classroom, or community meeting space.
- **Engage Sponsors:** Approach companies that produce oral health products such as toothbrushes, toothpaste and oral hygiene aids. Your local health board may also have funds for such projects.

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4. Deliver

- **Assign Clear Roles:** Ensure all participants understand their responsibilities.
- **Arrive Early:** Allow ample time for setup and greeting attendees.
- **Oversee Operations:** Assign a person to manage the overall workflow and address any issues that arise during the event.

5. Review

- After completing the project, convene to prepare a comprehensive final report.
- The final report should include:
 - Names of individuals who worked on the project.
 - Number of attendees or participants.
 - Details of services provided.
 - A financial summary with costs and revenues.
 - Recommendations for future projects based on lessons learned.

Focus of Projects

All projects should aim to create and deliver educational resources for individuals who provide oral health care. This includes nurses, caregivers, teachers, and other relevant groups. Emphasis should be placed on sustainability and the long-term impact on oral health education.

By following these steps, participants can contribute to the global mission of promoting oral health knowledge and ensuring sustainable smiles for communities worldwide.

